

Prednisolone

Prednisolone is a steroid medication.

Its side effects include

1. Heartburn, gastric discomfort or formation of ulcers in the stomach.
2. Hip pain (rarely death of the top part of the hip bone).
3. Fluid retention
4. Mood alteration.
5. Destabilisation of diabetes control.

“Do’s”

Always take medication with food.

Notify the doctor who has prescribed the medication or your local doctor if you experience any of the above side effects.

“Do not’s”

Do not take Prednisolone if you are already taking a blood thinning medication such as Warfarin or Coumadin.

Do not continue to use the medication if you experience any of the above side effects.

Do not use Aspirin, anti-inflammatory drugs i.e. Voltaren, Brufen, Indocid, etc while taking Prednisolone.

- Paracetamol and Codeine **are safe** to take for pain while on Prednisolone.

Do not drink alcohol while taking Prednisolone.



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