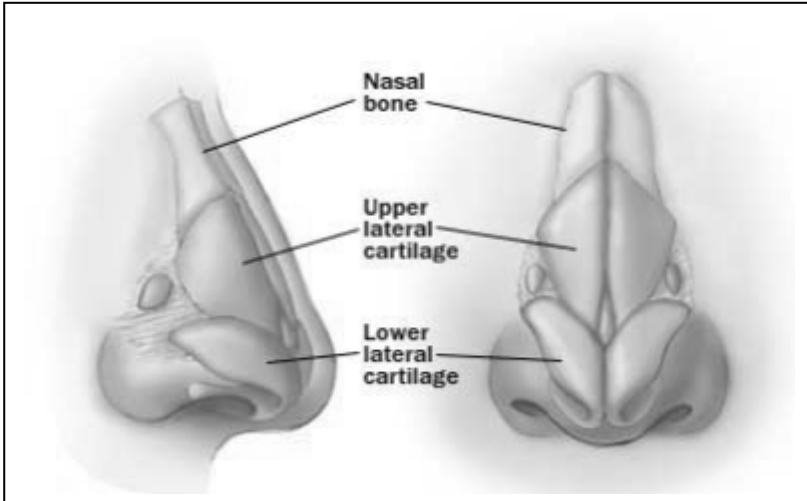


Fractured Nose



You have a broken nose. This will usually cause a nosebleed and local swelling. Your nose will feel blocked due to the swelling for approximately 2 weeks. Dr Iseli will examine you to look for associated injuries which require early

treatment including injuries to the eyes, spine, bleeding into the septum (which divides your nose into left and right halves) or leakage of brain fluid (clear, salty fluid).

TREATMENT:

A minor fracture without deformity will usually heal in 4-6 weeks. During this time it is important to avoid contact sports or activities that may result in further injury. Swelling may be improved by keep your head elevated on several pillows.

If the nose appears crooked once the swelling subsides, it is best to manipulate the fracture to avoid permanent deformity. Within two weeks of the injury the bones maybe reset in the correct alignment without re-breaking the bones. The safest way to do this is in the office under local anesthetic. However, patients who are safe and would prefer a general anesthetic may discuss one with Dr Iseli.

If your break is not set within 2 weeks or you have persistent deformity or difficulty breathing, you may require more involved surgery (rhinoplasty). Dr Iseli can discuss this with you.

SEEK FURTHER MEDICAL CARE IF YOU DEVELOP:

- Uncontrolled nosebleed, severe pain or headache.
- Persistent deformity or difficulty breathing through your nose.
- Salty tasting, clear, watery nasal discharge.
- Fever, chills, or other signs of infection.



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